



ATHENA
LEARNING TRUST

Athena Catering Menu

Week A- .

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza	Mild Chicken Curry	Roast Turkey and Stuffing	Ham Mac and Cheese	Cod Fish Fingers
Tomato Pasta Bake(V)	Baked Beans on Toast (V)	Vegetarian Sausage(V)	Mac and Cheese(V)	Quorn Nuggets with tomato sauce(V)
Jacket Potato with: Beans, Cheese	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna
Bread roll filled with Ham, Cheese or Tuna	Bread roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna
Pasta	Rice	Roast Potatoes	Garlic Bread	Chips
Bread Roll	Bread Roll	Bread Roll	Bread Roll	Bread Roll
Cauliflower Mixed Salad	Sweetcorn Rainbow Salad Sticks	Carrots Green Beans	Broccoli Rainbow Salad Sticks	Peas Mixed Salad
Vanilla Cookie Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Fruit and Ice Cream Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Apple Flapjack Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Fruit Jelly Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Chocolate Muffin Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma



Athena Catering Menu

Week B- .

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable Lasagne	Pork Sausages	Roast Beef with Yorkshire Pudding	Chicken and Tomato pasta	Cod in batter
Tomato Pasta Bake(V)	Vegetable Sausage (V)	Vegetable stuffed Yorkshire pudding(V)	Cheese & Broccoli Potato Bake(V)	Quorn Nuggets with tomato sauce(V)
Jacket Potato with: Beans, Cheese	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna
Bread roll filled with Ham, Cheese or Tuna	Bread roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna
Garlic Bread	Sunshine Rice	Roast Potatoes	Pasta	Chips
Bread Roll	Bread Roll	Bread Roll	Bread Roll	Bread Roll
Cauliflower Mixed Salad	Sweetcorn Rainbow Salad Sticks	Carrots Green Beans	Broccoli Rainbow Salad Sticks	Peas Mixed Salad
Chocolate Cookie Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Fruit and Ice Cream Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Rice Krispy Slice Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Fruit Jelly Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma	Lemon Muffin Fruit Yoghurt Fruit Salad Grapes, Apple Banana, Satsuma



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Week C- .

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Pizza	Beef Bolognaise	Roast Gammon	Sweet and Sour Chicken Bites	Cod Fish Fingers
Quorn Hot Dog (V)	Vegetable Bolognaise (V)	Vegetarian Pattie(V)	Sweet & Sour Quorn Nuggets(V)	Mozzerella Sticks (2) with tomato sauce(V)
Jacket Potato with: Beans, Cheese	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna	Jacket Potato with: Beans, Cheese, Tuna
Bread roll filled with Ham, Cheese or Tuna	Bread roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna	Bread Roll filled with Ham, Cheese or Tuna
Jacket Wedges	Pasta	Baby Potatoes	Noodles/Rice	Chips
Bread Roll	Bread Roll	Bread Roll	Bread Roll	Bread Roll
Cauliflower Rainbow Salad Sticks	Broccoli Rainbow Salad Sticks	Carrots Green Cabbage	Sweetcorn Rainbow Salad Sticks	Peas
Lemon Cookie	Fruit and Ice Cream	Chocolate Brownie	Fruit Jelly	Vanilla Muffin
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
Grapes, Apple	Grapes, Apple	Grapes, Apple	Grapes, Apple	Grapes, Apple
Banana, Satsuma	Banana, Satsuma	Banana, Satsuma	Banana, Satsuma	Banana, Satsuma



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